



## Family Medicine

Venue: ADNEC Centre Al Ain

## EVENT AGENDA

# 5<sup>th</sup> AHS Research and Education Conference (AREC24)

📍 ADNEC Centre Al Ain • 📅 10-15 December 2024

CELEBRATING



of Al Ain Family  
Medicine Program

Venue Partner:

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## Family Medicine

Day 3 | Friday, 13 December 2024

08:30 AM - 09:20 AM **Onsite Registration & Breakfast**09:20 AM - 09:30 AM Opening session theme  
Opportunities for innovations in Family Medicine through integration of Education,  
Research and Practice

Time	Topic	Speaker
09:30 AM - 10:00 AM	Implementing a Transition to Practice Curriculum	<b>Dr. Avik Nath</b>  MD CCFP(EM) MPH FCFP, Program Director CCFP(EM) Department of Emergency Medicine, University of Ottawa
10:00 AM - 10:30 AM	Entrustable Professional Activities Benefits and Challenges	<b>Dr. Jeffrey M. Landreville</b>  MD, MMed, FRCPC, DRCPSC, Program Director
10:30 AM - 10:50 AM	<b>Opening Ceremony</b>	Conference Chairman and Co-Chairman Speech
10:50 AM - 11:20 AM	Research and Education in Ambulatory Healthcare Service	<b>Dr. Latifa Al Ketbi</b>  Chairperson of Academic Affairs Department
11:20 AM - 11:50 PM	Threats and Challenges to Primary Care, the Problem of Defining Ourselves	<b>Dr. Julian Treadwell</b>  NIHR Academic Clinical Lecturer - UK Centre for Academic Primary Care (CAPC) Population Health Sciences   Bristol Medical School University of Bristol
11:50 PM - 12:20 PM	Q & A Discussion	
12:20 PM - 02:00 PM	Juma Prayer/ Lunch Break & Poster Presentation	
02:00 PM - 02:30 PM	Artificial Intelligence in Family Medicine	<b>Prof. Amr Jamal</b>  Chairman of the Family & Community Medicine Department, Professor and Consultant of Family Medicine & Digital Health, King Saudi University
02:30 PM - 03:00 PM	Assessment and Management of Mental Health Problems in Family Medicine	<b>Professor Eiad A. Al-Faris</b>  MBBS, MSc, MRCP, MMed Professor of Family Medicine and Medical Education Supervisor of the KSU Chair for the Development of Medical Education
03:00 PM - 03:40 PM	Family Medicine Office Emergencies: Part A: Preparing your Office for Emergencies Part B: Common Office Emergencies External	<b>Dr. Avik Nath - Canada</b>  MD CCFP(EM) MPH FCFP, Program Director CCFP(EM) Department of Emergency Medicine, University of Ottawa
03:40 PM - 04:10 PM	Gout: When to initiate treatment, the value of treating-to-target	<b>Dr. Julian Treadwell</b>  NIHR Academic Clinical Lecturer - UK Centre for Academic Primary Care (CAPC) Population Health Sciences   Bristol Medical School University of Bristol
04:10 PM - 04:30 PM	Q & A Discussion	



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Day 4 | Saturday, 14 December 2024

08:00 AM - 08:35 AM ● Onsite Registration

Time	Topic	Speaker
08:35 AM - 09:00 AM	● Statin Use for Family Physicians	<b>Dr. Julian Treadwell</b>  NIHR Academic Clinical Lecturer - UK Centre for Academic Primary Care (CAPC) Population Health Sciences   Bristol Medical School University of Bristol
09:00 AM - 09:25 AM	● Vitamin D Deficiency	<b>Dr. Abdulla Al Khnaizan</b>  CCFP, FCFP, ABHPM, MSc, DCEpid Professor, College of Medicine, Al Faisal University Director of Ambulatory Care Services, KFSHRC
09:25 AM - 09:50 AM	● Hypertension: Focus on Mild Hypertension and Choice to Have Drug Treatment or Not	<b>Dr. Julian Treadwell</b>  NIHR Academic Clinical Lecturer - UK Centre for Academic Primary Care (CAPC) Population Health Sciences   Bristol Medical School University of Bristol
09:50 AM - 10:15 AM	● Nasal Polyps: Updates in Management	<b>Dr. Nouraddine Ahmad Alhasan</b>  Acting Division Chief • TWM-ENT / Maxillo Facial Sheikh Tahnoon Bin Mohammad Medical City
10:15 AM - 10:35 AM	● Role of SGLT2i in Management of CRM patients	<b>Dr. Baher Al Homsy</b>  Consultant Physician • Physician - General Medicine Sheikh Shakhbout Medical City
10:35 AM - 10:45 AM	● Q & A Discussion	
10:45 AM - 10:55 AM	● Coffee Break	
10:55 AM - 11:20 AM	● Menopause: Latest Evidence on Risks/Benefit	<b>Dr. Julian Treadwell</b>  NIHR Academic Clinical Lecturer - UK Centre for Academic Primary Care (CAPC) Population Health Sciences   Bristol Medical School University of Bristol
11:20 AM - 11:45 AM	● Osteoporosis/Osteopenia: Understanding Bone Density and Decisions About Initiating Treatment	<b>Dr. Julian Treadwell</b>  NIHR Academic Clinical Lecturer - UK Centre for Academic Primary Care (CAPC) Population Health Sciences   Bristol Medical School University of Bristol
11:45 AM - 12:10 PM	● De-Prescribing in Elderly Patients	<b>Dr. Abdulla Al Khnaizan</b>  CCFP, FCFP, ABHPM, MSc, DCEpid Professor, College of Medicine, Al Faisal University Director of Ambulatory Care Services, KFSHRC
12:10 PM - 12:35 PM	● The Value of Tight Glycaemic Control in T2DM	<b>Dr. Julian Treadwell</b>  NIHR Academic Clinical Lecturer - UK Centre for Academic Primary Care (CAPC) Population Health Sciences   Bristol Medical School University of Bristol
12:35 AM - 12:45 AM	Q & A Discussion	
12:45 PM - 01:45 PM	Prayer/ Lunch Break	





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01:45 PM - 02:10 PM • Cardio-Renal Metabolic Disease

**Dr. Mohamed Milad Ismail**   
Consultant Physician - Medicine  
Sheikh Tahnoon Bin Mohammad Medical City

02:10 PM - 02:35 PM • Approach To Proteinuria

**Dr. Abraham George**   
Consultant Physician • SKC-Dialysis Medical  
SEHA Kidney Care

02:35 PM - 03:00 PM • Update On Vaccination Schedule  
In Adult And Pediatric

**Dr. Fatima Al Dhaheri**   
MBBS, FAAP, ABP  
Assistant Professor, Department of Pediatrics  
Consultant physician in Pediatric Infectious Diseases  
Consultant physician in Infectious Diseases in the  
Immunocompromised Host  
College of Medicine and Health Sciences,  
United Arab Emirates University

03:00 AM - 03:05 AM • Q & A Discussion

03:05 AM - 03:15 AM • Coffee Break

03:15 PM - 03:40 PM • Managing Chronic Neurological Conditions

**Dr. Ali Mohamed Hassan**   
MBBS, MSc, PhD  
Division Chief - Neurology Science  
Sheikh Tahnoon Bin Mohammad Medical City

03:40 PM - 04:05 PM • Interventional Radiology for Common  
Family Med Problems

**Dr. Jamal Al Deen Al Koteesh**   
Chair of Department -Radiology and  
Medical Imaging - Medical  
Sheikh Tahnoon Bin Mohammad Medical City

04:05 PM - 04:10 PM • Q & A Discussion

04:10 PM - 04:15 AM • Closing Remarks



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Day 5 | Sunday, 15 December 2024

08:00 AM - 08:35 AM • Onsite Registration & Pre-test

Time	Topic	Speaker
08:35 AM - 09:00 AM	• Respiratory Infections in Primary Care	<b>Dr. Nahedh Al Lababidi</b> Consultant Family Physician - Medical Tutor Assistant Professor Arabian Gulf University Head Of Examination Family Medicine - Arab Board Of Medical Specialization
09:00 AM - 09:25 AM	• Heart Failure	<b>Dr. Mohamed Basher El Harari</b> Consultant Physician - Cardiovascular (Dept) Sheikh Tahnoon Bin Mohammad Medical City
09:25 AM - 09:50 AM	• Unexplained Dyspnea, Could it be Pulmonary Arterial Hypertension?	<b>Dr. Hani Sabbour</b> Specialities Cardiology, Mediclinic
09:50 AM - 10:15 AM	• Holistic Approach to Obesity Management	<b>Dr. Mohammed Abdel Rahim Karajeh</b> Division Chair, Medicine Sheikh Shakhbout Medical City
10:15 AM - 10:35 AM	• Importance of Shingles Prevention	<b>Dr. Zaki Abou Zahir</b> Consultant Rheumatologist AL Harley Street Medical Center
10:35 AM - 10:45 AM • Q & A Discussion		
10:45 AM - 10:55 AM • Coffee Break		
10:55 AM - 11:20 AM	• EMR and Patient Safety	<b>Prof. Amr Jamal</b> Chairman of the Family & Community Medicine Department, Professor and Consultant of Family Medicine & Digital Health, King Saudi University
11:20 AM - 11:45 AM	• Management of Fatty Liver in Diabetes	<b>Dr. Saeed Hussein Mohamed Husain Al Marzooqi</b> Consultant Physician -Medicine Sheikh Shakhbout Medical City
11:45 AM - 12:10 PM	• Diagnosing Thyroid Dysfunction in Adults in Primary Care	<b>Dr. Khaled Mohammed Al Dahmani</b> Chair of Department - Medicine Sheikh Tahnoon Bin Mohammad Medical City
12:10 PM - 12:35 PM	• Osteoporosis Management: Case Based on Follow of Osteoporosis Patients in Primary Care	<b>Dr. Asma Khaled Al Jaberi</b> Consultant Physician - Medicine Sheikh Tahnoon Bin Mohammad Medical City
12:35 PM - 12:50 PM	• Recent Updates in Management of Nasal Polyps	<b>Dr. Omid Rahat</b> Consultant Otolaryngologist Burjeel Royal Hospital Al Ain
12:50 PM - 01:00 PM • Q & A Discussion		



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Day 5 | Sunday, 15 December 2024

Time	Topic	Speaker
01:00 PM - 01:45 PM	● Prayer/ Lunch Break & Poster Presentation	
01:45 PM - 02:10 PM	● Sleep Related Breathing Disorders	<b>Dr. Sharina Matar Al Dhaheeri</b>  Division Chief - Medicine Sheikh Tahnoon Bin Mohammad Medical City
02:10 PM - 02:40 PM	● Approach to Drug Allergy for Family Physicians	<b>Dr. Omar Al Ali</b>  MD Allergist Consultant in Allergy Medicine Advanced Pediatric and Adult Drug Allergy
02:40 PM - 03:00 PM	● Q & A Discussion	
03:00 PM - 03:15 AM	● Coffee Break	
03:15 PM - 03:40 PM	● Lipid Lowering Medication Use	<b>Dr. Nada Ayedh Binhareez</b>  Endocrinologist at Tawam Hospital Adjunct Professor of Internal Medicine, College of Medicine & Health Sciences, and Consultant
03:40 PM - 04:05 PM	● Acute Diarrhoea in Children	<b>Dr. Abdelazim Mohamed Mabrouk</b>  Consultant Paediatrician Mediclinic Al Madar - Al Ain
04:05 PM - 04:10 PM	● Q & A Discussion	
04:10 PM - 04:15 PM	● Closing Remarks	







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